

Northern Frontier Father and Son Canoe Trips

It will be a pleasure to have you at Northern Frontier Camp this Summer. We are looking forward to your arrival and have been making plans for what we hope is going to be a great time for you.

When you arrive at camp, you should check in immediately at the Administration Building. It is important to arrive at camp between 11:00 AM and 12:00 noon since you will be leaving as soon as possible after lunch to begin your trip.

The canoe routes on the Adirondack lakes and rivers as planned by the New York State Department of Environmental Conservation are adapted to the abilities, needs and desires of each group. Your leaders will be familiar with the route selected. Each father and son will share one canoe. There will be portages (canoe carries) on the trip, which will require up to 1/2 mile of hiking with a pack. Please make sure you are in physical shape to handle this amount of hiking.

If you plan to fish during the trip, a NY State fishing license is required for every one 16 years and older. Cost for a NY State resident is \$12.00 for a 7-day permit or \$25.00 for the season, \$5 for seniors (70+). Non-resident costs are \$28.00 for a 7-day permit or \$50.00 for a full season. **Please purchase it before your arrival at camp.**

A daily Bible exploration and informal sharing each evening around the campfire are highlights of the day as you discover how the Word of God speaks to you as fathers and sons.

The Canoe Trip will end after breakfast on the final day (Tuesday or Saturday).

Fathers and their sons who come **only** for the Father/Son Program **do not need** a physician's examination. **However, we do require both of you to complete and sign the "Camper Health History Form 1" prior to coming to camp. Form 2 is not required. The NY State Health Department requires your son to have a complete, up-to-date immunization record.** Please give the information requested on your family medical/hospital insurance. If needed, your policy will be used first since the camp provides only limited non-duplicative coverage.

WHAT TO BRING

sneakers - 2 pair	woolen sweater	sleeping bag with waterproof stuff bag
socks - several pairs	jacket - windbreaker	handkerchiefs - 2 large
pants - 1 pair loose fitting	Hat	sunglasses
shorts - 1 pair	Rainwear	flashlight - batteries
bathing suit	toilet articles (biodegradable soap)	insect repellent
underwear	towel	Bible - small size
T-shirts - 4	sunscreen	plastic bags for clothes
long -sleeved shirt		

Optional: Any of your own camping and/or fishing gear; camera (if you'd like to submit your pictures for possible inclusion in Northern Frontier's brochure or newsletters, stop in at the camp office after the trip.)

Northern Frontier will provide: canoes and paddles, life preservers, food, cooking equipment and utensils, tents, canoe bags, water filter/purifier

If you should have to cancel, please notify us as soon as possible so another father/son pair can have the opportunity to participate in this enjoyable adventure. If you have any questions regarding the Canoe Trip or Northern Frontier Camp, do not hesitate to contact us. We will do our best to make this camping experience an enjoyable and beneficial one for you and your son.

Off-Season Registrar: Kelly Studley 215-493-2995

Off-Season Director Chris Studley's Home/Camp Office: 215-493-2995, cell 609-468-4742

Summer Camp Phone: 518-251-2322

Summer Camp Address: Northern Frontier, P.O. Box 295, North River, NY 12856

Directions to Northern Frontier Camp
PO Box 295, Route 28
North River, NY 12856
518-251-2322

- New York State Thruway to exit 24
- Route 87 north (Northway) to exit 23 (Warrensburg)
- At end of ramp go left (west) 0.2 miles to light at junction of Route 9
- Go right onto Route 9 following it north for 4.1 miles to Route 28, which goes off to the left
- Follow Route 28 approximately 21 miles to the hamlet of North River, NY
- After passing through North River, you will cross a railroad track and start up a long hill. 3.6 miles from that railroad track is the Northern Frontier sign and road on your right {Landmark: A large rocking chair (furniture maker's display) is on the right side of Route 28 seven-tenths-of-a-mile (0.7 miles) before the camp driveway. }

Don't hesitate to call if you have any questions regarding camp.

Off-Season Registrar

Kelly Studley
38 Cadwallader Ct.
Yardley, PA 19067
215-493-2995

Off-Season Camp Office

Northern Frontier
Chris Studley - Director
38 Cadwallader Ct.
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cstudley@northernfrontier.org

Summer Camp Office

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